

Laura Carstensen

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Laura L. Carstensen is Professor of Psychology and the Fairleigh S. Dickinson Jr. Professor in Public Policy at Stanford University where she serves as founding director of the Stanford Center on Longevity.

Her research has been supported continuously by the National Institute on Aging for more than 25 years and she is currently supported through a prestigious MERIT Award. In 2011, she authored the book, A Long Bright Future: Happiness, Health, and Financial Security in an Age of Increased Longevity.

Dr. Carstensen has served on the National Advisory Council on Aging and the MacArthur Foundation's Research Network on an Aging Society. In 2016, she was inducted into the National Academy of Medicine. She has won numerous awards, including the Kleemeier Award from the Gerontological Society of America, a Guggenheim fellowship, and the Master Mentor Award from the American Psychological Association.

She received a BS from the University of Rochester and PhD in clinical psychology from West Virginia University.